

Married and In Love

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**NEXT
LEVEL**



ONLINE

OZARK CHRISTIAN COLLEGE

Session 1

How does love work?

- Good marriages are a choice.
- According to statistics, only 20% of marriages are considered "good."
- The ability to love is not instinctive, it requires wholeness.
- Most couples are not having marriage problems, they're having personal problems that are affecting their marriage.
- Training is required for anything significant in life, including love.

Wholeness involves 3 things:

- 1) Identity
- 2) Emotional Maturity
- 3) Morality

Session 2

Why do people “think” love happens?

There are 3 models for love in this culture, but 2 are wrong.

1) If...

- A) 1-3 year marriage
- B) We love someone if they meet our needs well enough.
- C) All of us have an inability to be the answer to someone's wholeness.

2) Because...

- A) 5-8 year marriage
- B) This works for dating, not marriage.
- C) They fit a box of 8 or 9 traits.
- D) It can't handle time.
- E) If you believe compatibility and chemistry is the key to a healthy marriage, it's not.

Session 3

-What would cause us to feel in love with someone?

-Being loving is a decision.

-God wired and designed you in such a way that where your investment is, there your heart will be also.

-Love is the decision that I want to be God's ambassador in your life for your good on His behalf.

Session 4

How - Where do you invest?

-At its core, in Scripture, a husband and wife are addressed separately 10-12 times; how a husband will invest in his wife is different than how a wife will invest in her husband.

-Examples:

Session 5

-How do we get our feelings hurt? And talk it through and still be ok?

-The key to living in marriage has to with grace and forgiveness and kindness, especially with our words.

3 parts to Godly speech: (Ephesians 4)

1) Be truthful

A) Dishonesty happens when you're mad, when you're trying to be kind, and when you're withholding the truth.

B) When bitterness takes over, three things happen:

i) Emotions go up

ii) Logic goes down

iii) Facts get fuzzy

2) Be edifying

3) Be humble

Session 6

Sex

- Every home needs a fire (metaphor).
- In your marriage, be sexual in the ways that sex is intended.
- Sex is the great revealer of the heart.
- In Scripture, sex is not in the personal drive, it's in the relational drive.

Sex must be:

- 1) Often
- 2) Playful
- 3) Tender

- Sex should be a wonderful blend of public and private.
- Sex is not the one sin God can't handle, it's the one sin you can't handle.

Session 7

A Spiritual Home

Hourglass Diagram

-Pray together!

-When you pray together, you'll begin to dive deeper into Scripture together.

-Is your home a shadow of Heaven?